

**User's Guide
for
L16 Health bracelet**

Preparation before Using

In order to better use the tracker, please read the following instructions carefully and operate the watch accordingly.

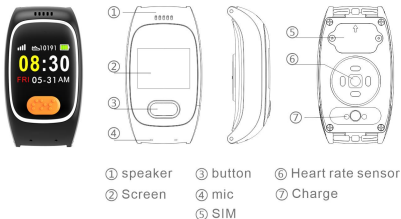
- Please check if the model number is correct and if accessories are complete or not.
- Please choose a SIM card which supports GSM/LTE and power off the watch before installing the SIM card.
- Please make sure that the SIM card is activated has data connection and VOLTE function.
- You need a smart phone to install mobile App.

In the package, there are:

- L16 x 1
- Magnetic charger x 1
- IMEI QR code bar x 1

Note: the QR code bar is normally pasted on the gift box.

Product Details



Speaker: Listen to call

Mic: Do not cover it when calling.

Main-button: 1、 Long-press it will power on
2、 Short press button once to change menu
3、 When long press the button on a certain menu, you can select this function, such as in the shutdown menu, long press the button to shut down.

SIM: The place to insert a nano SIM card.

Magnetic charge pin: Charge

Main Parameters and Functions

Name : Health bracelet

Model : L16

Connection : 2G GSM+4G LTE

Battery : 680mAh

Screen : 1.0inch 128*96 resolution

SIZE : 55*31*14.8mm

SIM card: Nano SIM card

Shell material: PC + ABS

Location: GPS+WIFI+LBS

APP: IOS and Android

Weight: 40g

The main functions of this band are:

Precise localization: it can obtain the wearer's accurate location at any moment and send location to app

Emergency calling: user can call for help by pressing the red SOS button in case of emergency.

Fitness tracking: it can test body steps. The app can display the number of steps taken

4G VOLTE call: user can call his/her friends while the guardian can call the wearer at any time.

How to Use the Button and menu



Power on: Long press the orange button to power on the device.

Power off: Under the shutdown menu, long press the button to shut down.

Press the button once, you can see the menu as follows:

Clock: The clock menu will display information such as time, date, steps, battery level, 4G signal strength, etc. Every time the screen is turned on, the clock menu will be displayed.

Phone book: If a phone book is set up in the app, the names of the contacts will appear in sequence.

Health menu: This menu will measure the user's heart rate and blood pressure. Please note that this measurement value cannot be used for medical purposes.

SPO2: This menu will measure the user's SPO2. Please note that this measurement value cannot be used for medical purposes.

Power off: long press the button to shut down. And you can check IMEI of this watch too

Charge the tracker:

Magnetic charging pin: Connect the watch with power input to charge it.

Power adapter: 5V 1A

Charge time: 2 hours



Charging mode:

If the magnetic attraction matches the positive and negative electrodes, they will be directly connected.

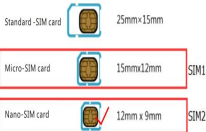
Warm tips:

Do not use the fast charging power adapter. The battery is easy to be damaged.

SIM Card Operation Guide

Plug-in SIM card: Please make sure that the device is off before installing SIM card.

Pay attention to the direction of the SIM card and confirm that the waterproof ring is installed properly. The arrow on the SIM card cover points towards the watch strap and tighten the screw. After plugged-in SIM card and power on, wait for one minute to see if the GSM/LTE signal is shown on the display screen.



Please check:

- 1) If the device time is synchronized with the current time.
- 2) If you can call the watch with your phone.

App Installation

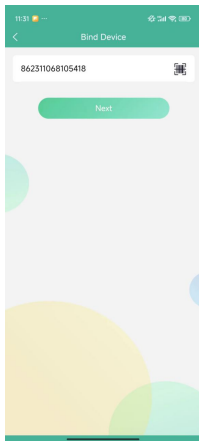
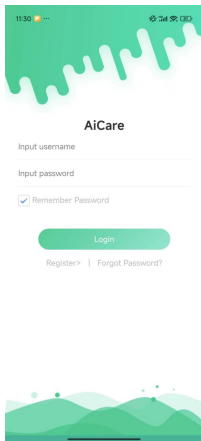
After the watch is activated with SIM card, please install the watch APP on your mobile phone before using the watch. Below are two ways to install app :

1) A: Scan below QR code;

B: Search “ai care” on GooglePlay or iOS store to download the watch APP.

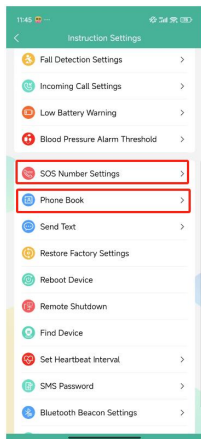


2) After App installation, please create a new account and enter basic information like user name, password, mail box, etc. Then enter the login page, input the phone number or mail box and password while registration, and finally press “sign in” to enter.



- 3) If it's the first time you login the account, you will be requested to bind the watch and the App with the device's IMEI code.
- 4) Enter into device "User information", and input the requested information, such as profile picture, nickname, birthday, height, weight, etc.

Two way call

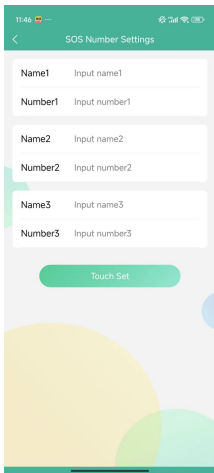


App main page - Setting – phone book, you can add contact phone number for your watch.

In the app, you can set 10 phone books.

- 1、 after set phone book in app, short press the orange button to select a contact
- 2、 when you see the phone book name, Long press the orange button to make a call
- 3、 During a call, press the red button once to end the call

SOS Call



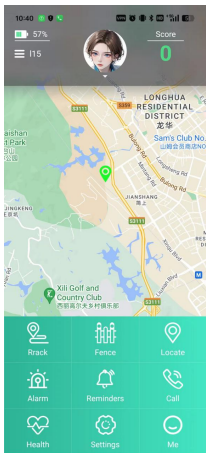
App main page - Setting – SOS Number setting, input maximum 3 numbers and confirm setting to synchronize it to the watch. Press the watch main button over 3 seconds, it will call the SOS numbers one by one, at the same time, an alarm will be sent back to server.

On the app you set the incoming call restriction switch to on, then you can only receive calls from the sos number list and phone book list

GPS Positioning

On the App “Home Page”, press “Location” to enter into sitemap and check device location.

There are 3 types of working modes:



1. Default mode, the watch opens Wifi + LBS, send the location to the server every 15 minutes.

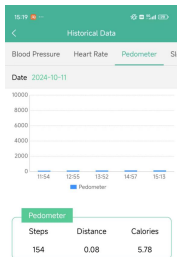
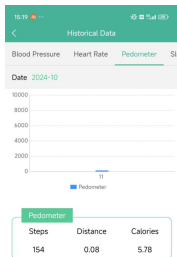
2. Emergency mode, the watch opens GPS + Wifi + LBS, send the location to the server every minute.

3. Energy saving mode, the watch opens Wifi + LBS, send the location to the server every 60 minutes.

Note: There might be position deviation or App update failure due to signal weakness sometimes.

Pedometer

On the watch's home screen, the 5-digit number below the step is the number of steps. It clears at 0 o'clock every day. You can also view more detailed exercise information on health page in the App, such as steps, distance, calories, etc.



View by Day

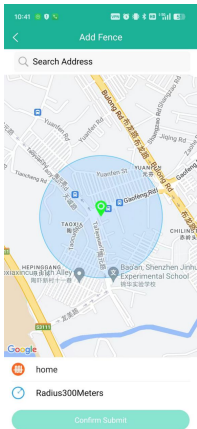
View by Month

View by Day

View by Month

Security Fence

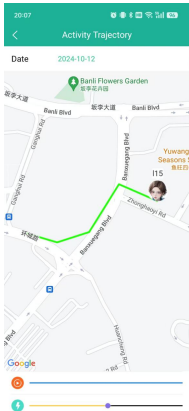
In the Electronic Fence interface, you can set up a secure fence area. select its range,confirm to save it. You can repeat it to add several secure fence areas. You can also modify it or remove the security fence you set up earlier.



When users leave or enter the electronic fence, the app will receive an alarm message. However, due to the setting of the positioning mode and considerations for power saving, the alarm information may not be very timely. When you need to view the user's latest location, please go to the App "Home Page", press "Locate"

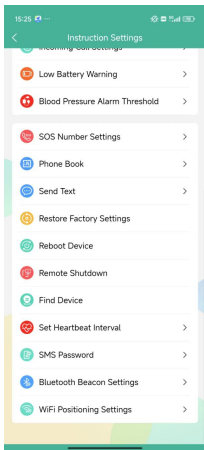
Trajectory History

Trajectory tracking interface, you can check the latest trajectory history. Enter trajectory tracking page, the above setting button you can choose to load lbs / Wi-Fi data or not. Below you can select the date to view the historical track



Due to the setting of the positioning mode, for the sake of battery saving, not all locations passed by users will be recorded. Therefore, the historical trajectory function does not appear to be completely consistent with the user's actual trajectory.

Other Functions



For other function Settings , see the left demonstration picture. You can set it on the function page.

Because our app is used to manage all our products, some features of the app are not suitable for this model. If you encounter any features that cannot be used, please consult your distributor.

Safety Warning

- Recommend use original accessories, the manufacturer is not responsible for problems caused by the use of non-original accessories.
- Don't try to repair it by yourself. The modification of the product will affect its security.
- Avoid using the watch in the following environment: places with excessive temperature fluctuations, places with the temperature higher than 60°C or lower than 0°C, places with high pressure, dust or electrostatic interference.
- Avoid touching with corrosive cleaning agents and chemicals. Please use a soft, dry cloth to clean the watch.
- It is prohibited to use the watch at the gas stations, restricted chemical plants or near the oil depots, for the use of the watch in the above environment may raise the risk of explosion.
- When you travel by airplane, please take the watch in the baggage, and try not to put it in the handbag while going through the checkpoint. The manufacturer is not responsible for the damage caused by such radiation.

About

There will be continuous upgrades and updates to this product, thus the content will be different with the final operating steps which are subject to change without prior notice.

The illustrations in the User's Guide are only for your reference. The manufacturer reserves the right of final explanation of the User's Guide.

This tracker is not a medical device, and the measured health data is for reference only. Cannot be used for medical diagnosis.